

# Compagnie des Guides de Chamonix

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## ROCK CLIMBING - MULTI-PITCH COURSE FOR AGES 11 AND UP

Duration: 4 Difficulty: ▲ ▲ ▲ ▲ A Price from: 345 €

This climbing course has been specifically designed to introduce the techniques of multi-pitch routes. Each day, our program explores new sites, ensuring a varied and stimulating experience while enabling the teens to push their limits and create lasting memories. Emphasis is placed on the sense of belonging to a climbing team, which requires communication and coordination. The climbers are encouraged to co-create the week's program by selecting routes from reading the topo.

Enrollment requires certain prerequisites to ensure optimal skill development and safety standards: teens must be autonomous in top-rope climbing, have experience with lead climbing including belay techniques, and be at least 11 years old. Registration is exclusively open for the four days of the course. For more flexible registration options or for beginner sessions, please check our climbing lessons offerings in Chamonix or Argentière.

### Teaching methods implemented

- Ground-based workshops followed by climbing exercises to master belaying techniques
- Instruction on setting up rappels and descent systems: belay system and auto-locking devices
- Route and crag selection based on the technical level and experience of the teens

## **GROUP BOOKING**

Group booking associates children who do not necessarily know each other. It is ideal for enjoying the dynamics of the group

Dates (group booking): See online booking. The mentioned day corresponds to the first day of the course

Supervision (group booking): Group from 4 to 6 children per state-certified instructor

Departure (group booking): The course is guaranteed with a minimum of 4 children enrolled

Prices 2025 (group booking): 345€

This price includes:

- State-certified instructor services
- technical gear : harness, helmet, carabineer, belay device, rope

This price does not include:

- rock climbing shoes
- snack and water

## **FURTHER INFORMATION**

In this section, find all the information about this activity. For further information, please contact our advisor.

Schedules: 9am - 4pm, Monday to Thursday

Meeting time and place: Every day at the climbing crag

Monday: Servoz - Plaine St jean

Tuesday: Les Gaillands - Chalet accueil

Wednesday: Compagnie des Guides office in Chamonix - Train to Vallorcine

Thurday: Compagnie des Guides office in Chamonix - Train to Barberine

**Level:** This climbing course is intended for children aged 11 to 18. Enrollment requires certain prerequisites to ensure optimal skill development and safety standards: teens must be autonomous in top-rope climbing, have experience with lead climbing including belay techniques

**Formality :** Make sure you have valid individual liability insurance for the practice of this activity without any location or altitude restrictions, including assistance, search and rescue, and repatriation

In this section, find all the information about this activity. For further information, please contact our advisor.

## **EQUIPMENT**

Find in this section all the information about the different equipment that is required

### Equipement

- Back pack to store the clothes
- Rock climbing shoes
- Bring the gear you have

#### Clothing

- Classic clothings adapted for sport

#### **Accessories**

- A pair of sun glasses
- High protection sun cream
- A hat
- A water bottle that contains a minimum 1,5 L
- Picnic
- Snacks

Our Rental Partners: You can rent your equipment with our rental shops partners and benefit from special price Millet (excluding crampons, ice axes and helmet), Sanglard Sports, Ravanel & Co & Concept Pro Shop

Our Equipment Partners: Millet, Dynastar, Julbo, Grivel & Monnet