



Compagnie des Guides de Chamonix

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HIKING - THE SWISS VALAIS

Duration: 5

Fitness: ▲▲▲▲▲ Technique: ▲▲▲▲▲

Price from: 1 490 €

Explore the Wildstrubel Massif during our 5-day long-distance hiking circuit, an immersive adventure in the heart of the majestic Bernese Alps. Thanks to its central location, the massif offers exceptional panoramic views of the surrounding alpine landscapes, creating an unforgettable spectacle that underscores the natural grandeur of this region. Traverse picture-perfect villages that will provide you with an authentic cultural experience. The traditional architecture and picturesque atmosphere of the villages will immerse you in mountain life.

Our circuit offers a total immersion into the diversity of the Wildstrubel Massif, combining majestic glaciers, breathtaking landscapes, alpine fauna and flora, picturesque villages, and unique rock formations. An unparalleled experience in the heart of one of the natural wonders of the Swiss Alps. For this locally rooted tour, carry your belongings for the week in your backpack and sleep in inns or dormitory-style refuges. Transfers are done via local transportation, and provisions are obtained in the villages visited or from the refuges.

This journey is part of a series of programs we have developed to extend the experience of the Tour du Mont Blanc. Our itinerary, connecting [Chamonix to Zermatt](#), or our route straddling [the Valais and Bernese Alps](#), will allow you to enjoy the picturesque ambiance of the Swiss Alps. Similarly, our route in [the Grand Paradis National Park](#) or around the [Rutor](#) will let you savor a bit more of the Italian Dolce Vita in the heart of Val d'Aoste.

ITINERARY

Day 1

Lake Tseuzier - Iffigenalp

After an early morning transfer that takes us to the Swiss Valais region, we start our hike along the shores of Lake Tseuzier. Quickly, we find ourselves in a typical Swiss alpine meadow, which we ascend with all the peaks of the Valais in the background. Upon reaching the Col de Rawill, we begin our descent amidst waterfalls and lush pastures towards Iffigenalp. Transfer to Simmenfalle, where we will spend the night.

Elevation gain: 2625 feet - descent: 3117 feet - Distance: 8.1 miles

Day 2

Simmenfalle - Ammertepass (2443m) - Engstigenalp

A magnificent day awaits us at the foot of the Wildstrubel, first along the water, then in an increasingly rocky environment as we approach the Ammertepass (8,031 feet). From there, we glimpse the suspended valley that will welcome us for the night at Engstigenalp.

Elevation gain: 4300 feet - descent: 1600 feet - Distance: 6.2 miles

Day 3

Engstigenalp - Chindbettipass - Kandersteg

We depart from our lofty inn to climb towards the Chindbettipass. Then, we head left along the Entschligegrat ridge to begin the descent towards Kandersteg, along the Alpbach stream.

Elevation gain: 2300 feet - descent: 4600 feet - Distance: 8.7 miles

Day 4

Kandersteg - Leukerbad

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We set out in the same direction as the previous day, but this time, we ascend through a different valley towards Lake Daubensee (7,238 feet), a marvelous body of water suspended in the heart of the Oberland. The ascent continues towards the Gemmipass, a prime location for observing the Bearded Vulture, the largest vulture in the Alps. Then, we descend towards Leukerbad, where we will spend the night.

Elevation gain: 3900 feet - descent: 3300 feet - Distance: 9.9 miles

Day 5

Leukerbad - Aminona

This final day allows us to conclude our journey in the most beautiful way: by crossing the lush alpine meadows of Valais. On the south face of the Wildstrubel, we traverse the valley in the direction of our starting point. This day offers many possibilities and exit points, and it will be up to the guide to arrange a meeting with the taxi at the point that best suits your fitness level for the day.

Elevation gain: 3600 feet - descent: 3300 feet - Distance: 11 miles

GROUP BOOKING

This tour is only available as a private group booking option.

PRIVATE BOOKING

A private booking is the historical relationship that binds a mountain leader to their clients. It allows you to be alone or in your own group with your guide who will meet your specific needs. Undoubtedly, it is the ideal formula that guarantees you maximum comfort. Accommodation and itinerary can be tailored, and you are free to choose your departure date depending on accommodation availability.

Prices 2025 :

1 person : 6355€ par person
2 people : 3700€ par person
3 people : 2820€ par person
4 people : 2380€ par person
5 people : 2105€ par person
6 people : 1930€ par person
7 people : 1805€ par person
8 people : 1710€ par person
9 people : 1640€ par person
10 people : 1580€ par person
11 people : 1530€ par person
12 people : 1490€ par person

The price includes :

- the organization and supervision by a state qualified trekking guide
- half-board accommodation in either a basic hotel or gîte in a mixed dormitory
- picnic lunches
- transfers throughout the hike

Not included in the price :

- drinks and personal expenditure (souvenirs...)
- repatriation insurance (compulsory). Cancellation Insurance highly recommended

FURTHER INFORMATION

In this section, find all the information about this activity. To prepare your trip effectively, refer to the [guides' tips](#). They share their expertise and recommendations, ensuring you have a great experience

Meeting point : Meet at 7.30am at the Compagnie des Guides office, 190 Place de l'Eglise, 74400 Chamonix

Level : 5/5 - The Tour du Wildstrubel is a challenging and demanding hiking trail. It involves an ascent of over 3,200 feet and requires an average of 7 to 9 hours of walking per day. The stages are long and strenuous and may take place at high altitudes.

Typically, you'll need to carry your own gear for the duration of the trek. This hike takes place on mountain terrain that can be difficult, with challenging sections that require extensive experience in alpine hiking. This program is intended for highly experienced hikers in excellent physical condition.

Itinerary: The guide may need to adjust the itinerary based on weather conditions and/or the physical and/or technical abilities of the group

Guiding policy : maximum 12 people per guide. The Compagnie des Guides de Chamonix's guiding policy is one of the strictest in the mountain guiding business. It guarantees the most balanced groups as possible as well as high-quality personalised advice. *Registration possible from 16 years of age. Registration is not permitted to anyone under the age of 18 without a legal guardian.*

Accommodation :

- During the trip : 4 nights half board in small inns or hotels. Each hiker carries all their personal belongings and picnic for the entire trek.
- Before & after the trip : benefit from preferential prices from our partner hotels in Chamonix. If you wish to receive information just ask the Randonnée department.

Documentation :

- Participants must have sports insurance with repatriation cover. We strongly recommend that this also includes cancellation cover. You can take out insurance offering both of these types of cover when you sign up.
- Participants must also take valid ID with them.

EQUIPMENT

Weight is a hiker's adversary, so it is crucial to carefully select your equipment as it plays a key role in ensuring the success of your trip

Your gear

- A 30L backpack
- A compact and sturdy travel bag, maximum 15 kg
- A pair of top quality hiking boots
- A pair of telescopic poles
- A hat or cap
- A warm hat
- Category 3 sunglasses
- Breathable long and short-sleeved T-shirts
- A polar fleece
- A warm down jacket
- A Gore-Tex waterproof jacket
- A rain poncho
- A hiking trouser
- A Gore-Tex waterproof trouser
- A short
- A pair of gloves
- Hiking-appropriate socks
- A minimum 2L water bottle
- A pocketknife and a spork
- A flashlight or headlamp
- Sunscreen and lip balm
- A sleeping bag liner
- Toiletry kit, towel, earplugs, and toilet paper
- Minimal personal pharmacy: blister pads like Compeed, medications for common ailments such as diarrhea, constipation, sore throat, headaches, pain, allergies
- ID, money for personal expenses
- Spare shoes
- Flip flops for the hut with no luggage access
- Spare clothes as per your preference

Our Rental Partners : You can rent your equipment with our rental shops partners and benefit from special price [Sanglard Sports](#), [Ravanel & Co](#) & [Concept Pro Shop](#)

Our Equipment Partners : [Millet](#), [Dynastar](#), [Julbo](#), [Grivel](#) & [Monnet](#)

