



# Compagnie des Guides de Chamonix

190 place de l'église - 74400 Chamonix – France - Tél : + 33 (0)4 50 53 00 88

[www.chamonix-guides.com](http://www.chamonix-guides.com) - e-mail : [info@chamonix-guides.com](mailto:info@chamonix-guides.com)

## RAFTING - ARVEYRON ENERGETIC

Duration: 0.5

Difficulty: ▲▲▲▲▲

Price from: 62 €

For 1 hour and over 8 km, this active itinerary will bring you through the Arveyron, the stream where the waters of the Mer de Glace glacier flow. Before falling into the Arve, the Arveyron includes several restless sections, typical of mountain streams! You will then continue with a classic descent of the Arve. This challenging descent is the dream destination for people having previous experience with rafting and who love to be shaken !

We meet at the Compagnie des Guides' rafting water sports base, with its warm showers and lockers, in the heart of Chamonix. The only requirements to be able to participate in rafting are to be over 15 years old and be over 1.50m tall.

### GROUP BOOKING

Group booking associates people who do not necessarily know each other. It is ideal for people looking for group friendliness and attractive prices. To book online choose the day below and then choose the schedule.

**Dates** : See on-line booking

**Schedules** : See on-line booking

**Meeting point** : At the water sports base located 393 promenade du Fori - Chamonix, 10 min before the start of the activity

**Supervision** : Group from 4 to 8 people supervised by a guide. Children over 1.50m tall accompanied by a parent

**Departure** : A minimum of 4 people is required to guarantee the outing

**Prices 2025** : 62€ per person

This price includes :

- supervision by instructor
- technical equipment: wetsuit, life jacket, helmet, paddle and inflatable craft
- transfers

### FURTHER INFORMATION

Find in this section, all the information about this activity. For any further information please contact our advisors (contact details above).

**Accessing the water sports base** : The base is located 393 promenade du Fori - Chamonix, just behind the swimming pool, near the tennis courts. Car park is 150m away on the other side of the Arve river, access via the Promenade des Sonnaillles footbridge.

**Meeting point** : At the water sports base located 393 promenade du Fori - Chamonix, 10 min before the start of the activity

**Duration** : 60 min on board for 2h30 hours activity (the schedule is given as an indication)

**Location** : On the Arveyron river then the Arve river - Transfers included

**Level** : Beginner, over 1.5m tall, max weight 120kg

Water sport: be able to float on the back and keep the head above water for 5 seconds, to jump, to swim 25 meters, and to pass under a floating object

## EQUIPMENT

Find in this section all the information about the different equipment that is required.

### Equipment

- Swimsuit

- Towel

**Our Rental Partners :** You can rent your equipment with our rental shops partners and benefit from special price [Millet](#), [Sanglard Sports](#), [Ravanel & Co](#) & [Concept Pro Shop](#)

**Our Equipment Partners :** [Millet](#), [Dynastar](#), [Julbo](#), [Grivel](#) & [Monnet](#)