



# Compagnie des Guides de Chamonix

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## MOUNTAINEERING - AUTONOMY & SAFETY COURSE - LEVEL 3

Duration: 4

Fitness: ▲▲▲▲▲ Technique: ▲▲▲▲▲

Price from: 945 €

Our mountaineering Lead climbing course concentrates on the skills needed to plan and oversee a climb. Throughout this course, you will cover essential topics, including the fundamentals of cartography, tools for weather forecasting, methods of risk management, and condition evaluation. You will also enhance your safety techniques while honing your abilities in snow, rocky, and mixed terrains. You will progress in small groups, with a maximum of 3 or 4 participants in self-sufficient rope teams under the guidance of your instructor. Following a day of climbing, you will collaborate with your guide to select a basecamp in a mountain hut for a three-day full immersion experience in the Mont Blanc Massif. This program represents the final level of our mountaineering training and is a natural continuation of our [mountaineering safety course, Level 2](#). It is ideal for individuals who are already familiar with basic safety techniques and wish to acquire the skills to plan and manage a climb in the mountains.

This course is part of a series of mountaineering courses designed to accompany you from your first alpine adventures to lead climbing. Explore mountaineering with our [3-day](#) or [5-day](#) courses, and acquire safety techniques through our [level 1](#) and [level 2](#) safety courses, as well as our [lead climbing course](#). Additionally, our courses are available in winter with a focus on [mixed climbing](#) and [ice climbing](#).

### Objectives of the mountaineering lead climbing course

- Perfect knowledge of all safety techniques in rocky, snow and mixed terrain
- Basics of planning and management of a climb

## ITINERARY

### Day 1

#### Day climb in the Mont Blanc massif - Night in the valley

Exemples of possible routes : Frêtes des Charmoz (2 630m), [Arête sud de la Chapelle de la Glière](#) (2 836m).

### Day 2

#### Basecamp in a mountain hut

Exemple of basecamp: refuge d'Argentière (2 771m). Exemples of possible routes : Oreille de Lapin ( 2 928m), Aiguille du Généripi (3 059m), Aiguille du refuge (3 057m).

### Day 3

#### Basecamp in a mountain hut

Exemple of basecamp: refuge d'Argentière (2 771m). Exemples of possible routes : Oreille de Lapin ( 2 928m), Aiguille du Généripi (3 059m), Aiguille du refuge (3 057m).

### Day 4

#### Basecamp in a mountain hut

Exemple of basecamp: refuge d'Argentière (2 771m). Exemples of possible routes : Oreille de Lapin ( 2 928m), Aiguille du Généripi (3 059m), Aiguille du refuge (3 057m).

## GROUP BOOKING

Group session associates several people who don't know each other. It allows for a planned program to benefit from an attractive price on fixed dates. This formula is ideal for people looking for the friendliness of a group.

**Dates :** See below for the group booking module

**Price 2025 :** 945€ per person based on minimum of 3 participants

*Registration possible from age 18*

Included in the package :

- IFMGA English speaking mountain guiding service
- two half-board in hut (dinner, breakfast and night)
- lift access as per programme

Not included in the package :

- personal drinks and other personal expenses (we recommend you bring Euros)
- take out lunches and daily snacks
- cost of getting to meeting point
- personal technical equipment including your mountaineering shoes

## PRIVATE BOOKING

Private guiding is the historical relationship that binds a guide to his/her client. It allows you to be alone, or in a constituted group, with your guide that meets your specific needs. It is undoubtedly the ideal formula to realize your projects because it guarantees you a maximum of comfort. You are free to choose your departure date and the itinerary can be adjusted, according to your specific expectations.

**Prices 2025 :**

2 people : 1625€ per person

3 people : 1165€ per person

4 people : 940€ per person

Included in the package :

- IFMGA English speaking mountain guiding service
- two half-board in hut (dinner, breakfast and night)
- lift access as per programme

Not included in the package :

- personal drinks and other personal expenses (we recommend you bring Euros)
- take out lunches and daily snacks
- cost of getting to meeting point
- personal technical equipment including your mountaineering shoes

## FURTHER INFORMATION

In this section, find all the information about this activity. To prepare your trip effectively, refer to the [guides' tips](#). They share their expertise and recommendations, ensuring you have a great experience.

**Meeting point :** Meet at 8.30am at the Chamonix Guides Company: 190 place de l'église.

**Physical level :** For people who regularly exercise/take part in sports. Six to seven hours of exercise per day

**Technical Level :** You should have prior mountaineering experience and aspire to achieve autonomy

**Prerequisites :** I have already climbed French mountaineering grade "Peu difficile+" routes and I know crevasse rescue basics, I have already climbed French grade 4 multi-pitch routes. I know how to shorten the rope and how to use cams & ice screw

**Guiding policy :** 3 to 4 people. The Compagnie des Guides de Chamonix's guiding policy guarantees the most balanced groups as possible as well as high-quality personalised advice.

*Registration possible from age 18*

**Accommodation** : Two Half-board in hut on Day 2&3 (Dinner, breakfast & night).

**Documentation** : Participants must have mountain sports insurance with repatriation cover. We strongly recommend that this also includes cancellation cover. You can take out insurance when you sign up. Participants must also take valid ID with them.

## EQUIPMENT

We recommend you take particular care over your choice of equipment, as it plays a large role in the success of your trip. Weight is critical, and you must always evaluate the weight-to-comfort ratio to find the best compromise.

### Equipment

- 35-litre backpack
- Mountaineering boots
- Gaiters, if needed for your trousers
- Telescopic trekking poles
- Crampons with anti-balling plates; helmet, harness and straight ice axe
- Bring the technical equipment you have (rope, belay device, slings, ice screws, carabiners...)

### Clothing

- Warm hat that can be worn under a helmet
- Sun hat or cap
- Neck protection such as a 'Buff'
- 'Micro-fibre' style long-sleeve base layer
- Fleece
- 'Gore Tex' style shell jacket with hood
- Down jacket
- Base layer leggings
- Durable summer mountaineering trousers (not ski trousers)
- 'Gore Tex' style over-trousers
- Warm specialist walking socks
- Lightweight specialist walking socks
- Ski gloves or good quality mitts
- Leather or fleece gloves
- Change of clothes at your discretion

### Accessories

- Category 4 sunglasses
- Headtorch plus spare batteries
- Sheet sleeping bag
- Water bottle (minimum 1.5l) and thermos bottle
- Personalised first aid kit with a minimum of: sun cream, lip balm, cotton buds, blister kit, antisickness medication
- Watertight bag to contain your ID/passport and Euros

**Our Rental Partners** : You can rent your equipment with our rental shops partners and benefit from special price [Sanglard Sports](#), [Ravanel & Co](#) & [Concept Pro Shop](#)

For clothes, you can contact our partner [Millet](#)

**Our Equipment Partners** : [Millet](#), [Dynastar](#), [Julbo](#), [Grivel](#) & [Monnet](#)