

# Compagnie des Guides de Chamonix

190 place de l'église - 74400 Chamonix – France - Tél : + 33 (0)4 50 53 00 88 www.chamonix-guides.com - e-mail : info@chamonix-guides.com

# SKI TOURING - THE WONDER OF THE VALLEE D'AOSTA

| Duration: 3 | Fitness: 🔺 🔺 📥 📥 | Technique: 📥 📥 📥 📥 | Price from: 625 € |
|-------------|------------------|--------------------|-------------------|

Just a stone's throw from the city of Aosta in Italy, Val Saint-Barthélemy is a small, secluded valley, a well-kept secret of the Aosta Valley. The comfortable Magia Refuge, located at the edge of the larch forest at an altitude of 2,000 meters, is the ideal base camp to experience this local gem. During this star-based stay, you'll enjoy a peaceful atmosphere while benefiting from exceptionally comfortable accommodations. The proposed route allows you to alternate between forest and open spaces, offering magnificent views of the surrounding peaks. This stay is part of a specially selected set of itineraries designed to let you embark on a ski tour as early as the beginning of winter. There's no need to wait until March: this area is perfectly suited for a multi-day tour right from the first snow, providing either a gentle introduction or an excellent opportunity to kick off your ski touring season.

**To discover the mountains of Valle d'Aosta**, we have developed a series of ski tours and trips in the Italian Valley. These adventures allow you to enjoy the exceptional playground of this area while experiencing high-quality accommodations that live up to the region's reputation. Enjoy a gentle introduction to ski touring in the Val Ferret facing the south face of the Mont Blanc massif. Embark on a ski tour in Val de Rhèmes, which showcases the Italian side of Val d'Isere. Finally, journey into the Gran Paradiso national park and go for the ascent of Gran Paradiso itself.

# ITINERARY

#### Day 1

Transfer from Chamonix to the small hamlet of Porliod (1,790m) in the Val Saint Barthélémy via Aosta and Nus. We ascend to the Col de Beauregard (2,382m) via a comfortable traverse at the foot of Mont Rion. We then descend through alpine pastures and the larch forest to reach the Magia refuge (2,007m). The refuge, completed in 2016, is particularly comfortable, offering showers and small dormitories. Overnight at the refuge.

Elevation gain: 600m / Elevation loss: 400m

#### Day 2

Departure towards the end of the Val Saint Barthélémy and the mountains bordering the neighboring Valpelline. We first reach the plateau of Lac de Luseney, then ascend to the Col de Livournéa (2,841m). We descend by the same route and spend the night at the refuge.

Elevation gain: 850m / Elevation loss: 850m

#### Day 3

We leave the refuge for the Pointe de Chaleby (2,683m). We descend via the Col du Salvé to the alpine pastures of Fontaney and Chavalry, creating a beautiful loop that takes us back to the Porliod parking lot. Return to Chamonix in the mid-afternoon. *Elevation gain: 700m / Elevation loss: 700m* 

### **GROUP BOOKING**

Group session associates several people who don't know each other. It allows for a planned program to benefit from an attractive price on fixed dates. This formula is ideal for people looking for the friendliness of a group.

**Price 2025 :** 625€ per person based on minimum of 4 participants *Minors aged 16 and over must be accompanied by an adult* 

Included in the package :

- IFMGA English speaking mountain guiding service
- half-board in mountain hut (dinner, breakfast and night)
- transfers as per programme
- rental of full safety kit (avalanche transceiver/DVA, shovel, probe)

Not included in the package :

- personal drinks in huts and other personal expenses (we recommend you bring Euros)
- take out lunches and daily snacks
- cost of getting to meeting point (Chamonix)
- personal technical equipment

## **PRIVATE BOOKING**

A private booking is the historical relationship that binds a guide to his/her client. It allows you to be alone, or in a constituted group, with your guide that meets your specific needs. It is undoubtedly the ideal formula to realize your projects because it guarantees you a maximum of comfort. You are free to choose your departure date (depending on the availability of the huts) and the itinerary can be adjusted, according to your specific expectations.

#### Prices 2025 :

2 people : 1370€ per person 3 people : 985€ per person 4 people : 795€ per person 5 people : 675€ per person 6 people : 600€ per person

Included in the package :

- IFMGA English speaking mountain guiding service
- half-board in mountain hut (dinner, breakfast and night)
- transfers as per programme
- rental of full safety kit (avalanche transceiver/DVA, shovel, probe)

Not included in the package :

- personal drinks in huts and other personal expenses (we recommend you bring Euros)
- take out lunches and daily snacks
- cost of getting to meeting point (Chamonix)
- personal technical equipment

# **FURTHER INFORMATION**

In this section, find all the information about this activity. To prepare your trip effectively, refer to the guides' tips. They share their expertise and recommendations, ensuring you have a great experience.

**Meeting point :** Meet at 08:30 at the Compagnie des Guides office in Chamonix. Transfer by minibus to the departure point. Return to Chamonix by minibus

Itinerary : This is provided as a guideline and may be adjusted according to the group's level and mountain conditions

**Technical level :** Suitable for skiers skilled in off-piste skiing across various snow conditions and with prior experience in ski touring. The terrain features wide slopes with occasional narrow sections and inclines of up to 35°

**Physical level :** Designed for individuals who regularly engage in physical activity. Expect a positive elevation gain of up to 1000 meters per day and an effort of 5 to 6 hours each day

Guiding policy: 4 to 6 people. Minors aged 16 and over must be accompanied by an adult

Accomodation : Half-board in Magia hut. Before & after the trip: We have some hotel partners in Chamonix with special prices for our customers.

**Documentation** : Participants must have mountain sports insurance with repatriation cover. We strongly recommend that this also includes cancellation cover. You can take out insurance offering both of these types of cover when you sign up. Participants must also take valid ID with them.

# EQUIPMENT

We recommend you to pay particular attention to the choice of your equipment. It contributes greatly to the success of your stay. Weight is decisive: you always have to evaluate the ratio weight/comfort, to find the best compromise.

#### Equipment

- Comfortable frameless rucksack of 35I on which you could fix your skis
- Ski touring skis & shoes, rentable
- Adhesive climbing skins & ski knifes adapted to your skis, rentable
- A pair of poles with large discs, rentable
- A security pack including harness, DVA, shovel & probe this pack will be lend by your guide

### Clothing

- Waterproof and windproof, non-insulated parka with hood (Gore-tex or equivalent), rentable
- Waterproof and windproof, non-insulated pants, rentable
- Thick polar-pile fleece jacket or equivalent
- A light down jacket
- 1 long-sleeve shirt
- Medium weight thermal underwear (top + bottoms, silk or polypro, double as pyjamas)
- Warm ski socks
- Warm ski hat and light sun hat with brim
- Warm ski gloves or mittens
- A pair of thinner/finer gloves (in leather or fleece)
- Neck protection
- Spare thermal underwear (for sleeping and change)

#### Accessories

- High-altitude sunglasses (grade 4 is recommended)
- A pair of goggles
- 1.5L water bottle
- An isotherm bottle
- A mini toilet bag including: sun block for face and lips, aspirin, elastoplast, 2nd skin kit, earplug, toilet paper
- A headlamp with spare batteries
- A cotton or silk sleeping sheet: compulsory in every hut. Hut provide blankets, slippers or clogs
- A plastic bag containing your ID card & Euros for extras

**Our Rental Partners :** You can rent your equipment with our rental shops partners and benefit from special price Millet (excluding crampons, ice axes and helmet), Sanglard Sports, Ravanel & Co & Concept Pro Shop **Our Equipment Partners :** Millet, Dynastar, Julbo, Grivel & Monnet