



Compagnie des Guides de Chamonix

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FREERIDE - MONTEROSA SKI PARADISE

Duration: 3

Level: ▲▲▲▲▲

Price from: 875 €

Located on the southern slope of the Monte Rosa massif, Monterosa ski paradise gathers 3 Italian resorts : Saint Jacques, Gressoney and Alagna. This ski resort offers a fabulous skier's playground where ski touring and freeride join : short climbs, runs of more than 2 000m of elevation , summits more than 4 000m and some spectacular glacier aereas. Moreover, thanks to the italian welcome: get one of the unmissable spots in the Alps, close to Chamonix!

To discover this playground, we have designed a 3 day - 2 night trip in the area of Gressonney, in the comfortable Orestes hut. A 3-day feast for the eyes - and the legs - to ski the mythic itineraries of Gressonney: Valon de la Salza, Col Sube, Valon de la Balma, Vallee Perduta... During this trip, your mountain guide will show you the good runs and will teach you the basis of ski alpinism : risk management, itinerary ski management and initiation of the basis mountaineering skills.

ITINERARY

Day 1

Rendez-vous at 07h30 at the Chamonix guide office. Minibus transfer to Stafal, starting point of the lifts of Val Gressonney. Ski lifts up to Indren and first descent to the Orestes hut. We leave our bags at the hut. The rest of the day is dedicated to a run to Alagna and an avalanche exercise. Night at Orestes hut.

Day 2

Starting from the hut to join the ski resort. We use the cable car to go up to Betaforca pass. Skin up to reach the Col supérieur de la Betolina. We ski down to Saint-Jacques. We go back to Betaforca pass (go and down) ans come back to the hut. Debriefing of the day to the hut and discussion about the ski itinerary management.

Day 3

The last day is dedicated to ski touring in the direction of Pyramide Vincent (4215m). Ski down to Stafal through the Vallée Perdue (access in abseiling). Go back to Chamonix in the end of afternoon.

GROUP BOOKING

Group booking associates several people who don't know each other. It allows for a planned program to benefit from an attractive price on fixed dates. This formula is ideal for people looking for the friendliness of a group.

Dates : See below for the group booking module

Price 2024 : 870€ per person based on minimum of 5 participants

Included in the package :

- IFMGA English speaking mountain guiding service
- half-board in mountain huts (dinner, breakfast and night)
- ski lift access as per programme
- transfer both ways from Chamonix
- rental of full safety kit (avalanche transceiver/DVA, shovel, probe)

Not included in the package :

- take out lunches and daily snacks
- personal drinks in huts and other personal expenses (we recommend you bring Euros)
- personal technical equipment

PRIVATE BOOKING

A private booking is the historical relationship that binds a guide to his/her client. It allows you to be alone, or in a constituted group, with your guide that meets your specific needs. It is undoubtedly the ideal formula to realize your projects because it guarantees you a maximum of comfort. You are free to choose your departure date (depending on the availability of the huts) and the itinerary can be adjusted, according to your specific expectations.

Prices 2024 :

- 2 people : 1645€ per person
- 3 people : 1260€ per person
- 4 people : 1070€ per person
- 5 people : 950€ per person
- 6 people : 875€ per person

Included in the package :

- IFMGA English speaking mountain guiding service
- half-board in mountain huts (dinner, breakfast and night)
- ski lift access as per programme
- transfer go & back from Chamonix
- rental of full safety kit (avalanche transceiver/DVA, shovel, probe)

Not included in the package :

- take out lunches and daily snacks
- personal drinks in huts and other personal expenses (we recommend you bring Euros)
- personal technical equipment

FURTHER INFORMATION

In this section, find all the information about this activity. To prepare your trip effectively, refer to the [guides' tips](#). They share their expertise and recommendations, ensuring you have a great experience.

Meeting point : Meet at 07:30 at the Compagnie des Guides office in Chamonix. Transfer by minibus to the departure point. Return to Chamonix by minibus

Fitness level : For people who regularly exercise/take part in sports and who have a previous ski touring experience. Vertical ascent of up to 900m per day. Five to six hours of exercise per day. You could need to carry your skis. Altitudes of under 4300m.

Technical level : For off-piste skiers making with a first experience in ski touring. Wide slopes with short sections of narrow passages (up to 30°). Ability to ski in all snow conditions required.

Itinerary : This programme is meant as a guide only. Depending on the abilities of the group and the conditions in the mountains, your mountain guide may alter the route.

Guiding policy : 5 to 6 people.

Accommodation : During the trip: half-board in huts.

Before & after the trip: We have some hotel partners in Chamonix with special prices for our customers.

Documentation : Participants must have mountain sports insurance with repatriation cover. We strongly recommend that this also includes cancellation cover. You can take out insurance when you sign up. Participants must also take valid ID with them.

EQUIPMENT

We recommend you to pay particular attention to the choice of your equipment. It contributes greatly to the success of your stay. Weight is decisive: you always have to evaluate the ratio weight/comfort, to find the best compromise.

Equipment

- Comfortable frameless rucksack of 35l on which you could fix your skis & ice-axe, *rentable*
- Ski touring skis & shoes, *rentable*
- Adhesive climbing skins & ski knives adapted to your skis, *rentable*
- A pair of poles with large discs, *rentable*
- A security pack including harness, DVA, shovel & probe - this pack will be lend by your guide

Clothing

- Waterproof and windproof, non-insulated parka with hood (Gore-tex or equivalent), *rentable*
- Waterproof and windproof, non-insulated pants, *rentable*
- Thick polar-pile fleece jacket or equivalent
- A light down jacket
- 1 long-sleeve shirt
- Medium weight thermal underwear (top + bottoms, silk or polypro, double as pyjamas)
- Warm ski socks
- Warm ski hat and light sun hat with brim
- Warm ski gloves or mittens
- A pair of thinner/finer gloves (in leather or fleece)
- Neck protection
- Spare thermal underwear (for sleeping and change)

Accessories

- High-altitude sunglasses (grade 4 is recommended)
- A goggle
- 1.5L water bottle
- An isotherm bottle
- A mini toilet bag including: sun block for face and lips, aspirin, elastoplast, 2nd skin kit, earplug, toilet paper
- A headlamp with spare batteries
- A cotton or silk sleeping sheet: compulsory in every hut. - Hut provide blankets, slippers or clogs
- A plastic bag containing your ID card & Euros for extras

Our Rental Partners : You can rent your equipment with our rental shops partners and benefit from special price [Sanglard Sports](#), [Ravel & Co](#) & [Concept Pro Shop](#)

Our Equipment Partners : [Millet](#), [Dynastar](#), [Julbo](#), [Grivel](#) & [Monnet](#)