



Compagnie des Guides de Chamonix

190 place de l'église - 74400 Chamonix – France - Tél : + 33 (0)4 50 53 00 88

www.chamonix-guides.com - e-mail : info@chamonix-guides.com

SKI TOURING - HAUTE ROUTE CHAMONIX ZERMATT IN 7 DAYS

Duration: 7

Fitness: ▲▲▲▲▲▲▲ Technique: ▲▲▲▲▲▲▲

The Haute Route is without doubt the most famous ski tour in the Alps. Launched in 1903 by members of the Compagnie des Guides de Chamonix, it links these two historic centres of mountaineering via a series of 3000m mountain passes and a 3800m peak. The extraordinary beauty of the landscapes traversed makes it an absolute must for ski tourers. Despite its popularity, this tour is a serious undertaking requiring good levels of skiing experience and physical fitness. This tour leads you through some of the most spectacular parts of the Alps, from the Argentière Basin to the lower slopes of the Matterhorn, and a total escape. If you are not able to free yourself for a full week but you dream of discovering the Haute Route atmosphere, then the [Verbier - Zermatt ski tour](#) is perfect for you.

The Haute Route Chamonix Zermatt - 7 or 6 days?

The suggested itinerary takes usually [6 days](#) and goes directly to Zermatt from the Vignettes mountain hut, without stopping at Cabane Bertol. The last section is physically harder and you will be less flexible in case of bad weather conditions.

ITINERARY

Day 1

Grands Montets - Refuge d'Argentière

Following the fire that hit the cable car of les Grands Montets in 2018, the classic itinerary is modified. We start from Bochard lift (2 766m), we join Lognan glacier (2 700m). We skin up to Rognons glacier (3 050m) through the Rachasses pass. We ski down to Argentière glacier. The Argentière glacier is mostly flat at this stage, making the ski tour to the refuge short and easy. We stay overnight at the Argentière hut (2 771m). The view over the impressive north faces rising high above Argentière glacier is stunning!

Vertical ascent: 575m / Vertical descent: 750m

Day 2

Refuge d'Argentière - Champex

We start with a short climb up to the Passon moraine (2 380m). We cross the moraine on foot and may have to use crampons. The climb now continues on skis to the foot of the Col du Passon (3 028m), which we reach using crampons. We now ski beneath the north face of the Chardonnet. We put our skins back on to cross the Tour glacier to reach the Col Supérieur du Tour (3 289m). We are now in Switzerland. A long descent of the Trient glacier followed by a short, technical climb in crampons takes us to the Col des Ecandies (2 796m). There is now a magnificent descent through the Val d'Arpette to the village of Champex (1 480m) where we spend the night in a comfortable gîte.

Vertical ascent: 1 100m / Vertical descent: 1 850m

Day 3

Champex - Cabane de Prafleuri

We go by minibus to the Verbier ski area. The ski lifts take us to the foot of the Col de la Chaux (2 940m), which is our first climb. Next we reach the Col de Momin (3 003m), which gives access to the magnificent Grand Désert glacier. We continue to the lower slopes of the Rosablanc (3 336m), which we can climb as a round-trip from here, before descending to the charming Prafleuri hut (2 662m).

Vertical ascent: 700m / Vertical descent: 900m

Day 4

Cabane de Prafleuri - Cabane des Dix

We start the day with a short climb to the Col des Roux (2 804m) from where we can see the rest of the day's route. A long

descending traverse leads us to one end of the Dix lake. From here we climb up via the Pas du Chat (2 385m) to the Dix hut (2 928m), which is dominated by the Mont Blanc de Cheilon (3 869m).

Vertical ascent: 850m / Vertical descent: 400m

Day 5

Cabane des Dix - Cabane des Vignettes

Our days begins with a short descent to reach the Tsena Refien glacier, along which we make our way up to the Pigne d'Arolla (3 796m). At around 3600m we might have to use crampons on the 'passage de la Serpentine'. The summit of the Pigne d'Arolla is one of the best viewing points on the Haute Route, with panoramic views across the Alps. This stunning glacier stage concludes with the beautiful descent to the Vignettes hut (3 160m).

Vertical ascent: 1 000m / Vertical descent: 640m

Day 6

Cabane des Vignettes - Cabane Bertol

We start with a short descent to the Mont Collon glacier, which we climb up to reach the Col de l'Evêque (3392m). We now descend the upper Arolla glacier to the Plan de Bertol (2550m), where we begin our climb up to the Bertol hut (3311m). Perched on a rocky promontory, the hut is reached by climbing a series of metal ladders.

Vertical ascent: 950m / Vertical descent: 1050m

Day 7

Cabane Bertol - Zermatt

Our day opens by climbing down the ladders we scaled the day before. We traverse the broad plateau of the Mont Miné glacier to reach the Tête Blanche (3710m). This provides superb panoramic views over the Dent Blanche (4357m) as well as several other Valais 4000-ers. The time has come to commence our descent to Zermatt and probably one of the most beautiful descents in the Alps, passing beneath the Dent d'Hérens (4171m) and the Matterhorn (4478m). We arrive in Zermatt at around midday.

Vertical ascent: 450m / Vertical descent: 2100m

GROUP BOOKING

Group session associates several people who don't know each other. It allows for a planned program to benefit from an attractive price on fixed dates. This formula is ideal for people looking for the friendliness of a group.

Dates : See below for the group booking module

Price 2025 : 1845€ per person based on minimum of 4 participants

Registration possible from the age of 18.

Included in the package :

- IFMGA English speaking mountain guiding service
- half-board in mountain huts (dinner, breakfast and night)
- ski lift access as per programme
- transfers as per programme
- rental of full safety kit (avalanche transceiver/DVA, shovel, probe)

Not included in the package :

- cancellation, assistance-repatriation insurance
- take out lunches and daily snacks
- personal drinks in huts and other personal expenses (we recommend you bring Euros and Swiss Francs)
- cost of getting to meeting point and cost of getting back to Chamonix (145€/pers)
- personal technical equipment

PRIVATE BOOKING

A private booking is the historical relationship that binds a guide to his/her client. It allows you to be alone, or in a constituted group, with your guide that meets your specific needs. It is undoubtedly the ideal formula to realize your projects because it guarantees you a maximum of comfort. You are free to choose your departure date (depending on the availability of the huts) and the itinerary can be adjusted, according to your specific expectations.

Prices 2025 :

- 2 people : 3680€ per person
- 3 people : 2750€ per person
- 4 people : 2285€ per person
- 5 people : 2005€ per person
- 6 people : 1820€ per person

Included in the package :

- IFMGA English speaking mountain guiding service
- half-board in mountain huts (dinner, breakfast and night)
- ski lift access as per programme
- transfers as per programme
- rental of full safety kit (avalanche transceiver/DVA, shovel, probe)

Not included in the package :

- cancellation, assistance-repatriation insurance
- take out lunches and daily snacks
- personal drinks in huts and other personal expenses (we recommend you bring Euros and Swiss Francs)
- cost of getting to meeting point and cost of getting back to Chamonix.
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FURTHER INFORMATION

In this section, find all the information about this activity. To prepare your trip effectively, refer to the [guides' tips](#). They share their expertise and recommendations, ensuring you have a great experience.

Meeting point : Meet at 09:30 in front of the Grands Montets (Argentière) ticket office. In order to limit traffic in the valley, we recommend using [public transport](#) (bus or train). Tour ends in Zermatt. Optional transfer back to Chamonix (145€/person)

Itinerary : This is provided as a guideline and may be adjusted according to the group's level and mountain conditions

Technical Level : Suitable for skiers skilled in off-piste skiing across various snow conditions and with advanced ski touring experience, including the ability to perform kick turns. The terrain features wide slopes with occasional narrow sections and inclines of up to 35° with sections that may require boot packing with crampons and ice axe.

Physical Level : Designed for individuals who regularly engage in physical activity. Expect a positive elevation gain of up to 1,200 meters per day and an effort of 7 to 8 hours each day.

Note : This trip is not appropriate for splitboarding.

Guiding policy : 4 to 6 people. *Registration possible from the age of 18.*

Accommodation : During the trip: Half-board in huts. Showers available on day 2. No drinking water. Before & after the trip: We have some hotel partners in Chamonix with special prices for our customers.

Documentation : Participants must have mountain sports insurance with repatriation cover. We strongly recommend that this also includes cancellation cover. You can take out insurance when you sign up. Participants must also take valid ID with them.

EQUIPMENT

We recommend you to pay particular attention to the choice of your equipment. It contributes greatly to the success of your stay. Weight is decisive: you always have to evaluate the ratio weight/comfort, to find the best compromise.

Equipment

- Comfortable frameless rucksack of 35l on which you could fix your skis & ice-axe,
- Ski touring skis & shoes, *rentable*
- Adhesive climbing skins & ski knives adapted to your skis, *rentable*
- A pair of poles with large discs, *rentable*
- A pair of light crampons & an ice-axe, *rentable*
- A security pack including harness, DVA, shovel & probe - this pack will be lend by your guide.
- We recommend an helmet for ski touring / mountaineering

Clothing

- Waterproof and windproof, non-insulated parka with hood (Gore-tex or equivalent), *rentable*
- Waterproof and windproof, non-insulated pants, *rentable*
- Thick polar-pile fleece jacket or equivalent,
- A light down jacket,
- 1 long-sleeve shirt,
- Medium weight thermal underwear (top + bottoms, silk or polypro, double as pyjamas),
- Warm ski socks,
- Warm ski hat and light sun hat with brim,
- Warm ski gloves or mittens,
- A pair of thinner/finer gloves (in leather or fleece),
- Neck protection,
- Spare thermal underwear (for sleeping and change).

Accessories

- High-altitude sunglasses (grade 4 is recommended),
- A pair of goggles,
- 1.5L water bottle,
- An isotherm bottle,
- A mini toilet bag including: sun block for face and lips, aspirin, elastoplast, 2nd skin kit, earplug, toilet paper,
- A headlamp with spare batteries,
- A cotton or silk sleeping sheet: compulsory in every hut. - Hut provide blankets, slippers or clogs
- A plastic bag containing your ID card & Euros for extras.

Our Rental Partners : You can rent your equipment with our rental shops partners and benefit from special price [Sanglard Sports](#), [Ravanel & Co](#) & [Concept Pro Shop](#)

For clothes, you can contact our partner [Millet](#)

Our Equipment Partners : [Millet](#), [Dynastar](#), [Julbo](#), [Grivel](#) & [Monnet](#)