



# Compagnie des Guides de Chamonix

190 place de l'église - 74400 Chamonix – France - Tél : + 33 (0)4 50 53 00 88

[www.chamonix-guides.com](http://www.chamonix-guides.com) - e-mail : [info@chamonix-guides.com](mailto:info@chamonix-guides.com)

## MOUNTAIN BIKE - DOWNHILL

Duration: 0.5

Difficulty: ▲▲▲▲▲

Price from: 210 €

At the foot of Mont Blanc, the Chamonix Valley is the perfect playground for downhill mountain biking. During the whole summer season, the Compagnie des Guides de Chamonix organises freeride - downhill excursions by muscle mountain bikes. Hit the best single tracks while enjoying the spectacular background.

Our guides know the Chamonix Valley like the back of their hands, and they will share with you the best spots. Make the most of their technical tips to improve your riding skills. Our freeride mountain bike excursions demand previous experience. If you don't have any experience, we suggest our [beginner mountain biking excursions](#).

### PRIVATE BOOKING

A private booking is the historical relationship that binds a mountain guide to their clients. It allows you to be alone or in your own group with your mountain guide who will meet your specific needs. It is undoubtedly the ideal formula to realise your projects because it guarantees you a maximum amount of comfort. To book online choose the day below and then choose the schedule.

**Dates (private booking)** : See on-line booking

**Meeting Point (private booking)** : Your guide will contact you by telephone at around 6.30pm the day before to arrange the place and time of the next day's meeting.

**Supervision (private booking)** : Group from 1 to 8 people supervised by a mountain bike instructor

**Prices 2025 (private booking)** : half-day

Group from 1 to 4 people : 210€

Group from 5 to 6 people : 220€

Group from 7 to 8 people : 230€

The price includes :

- mountain bike instructor services

This price does not include :

- mountain bike

- protectors

### FURTHER INFORMATION

Find in this section, all the information about this activity. For any further information please contact our advisors (contact details above).

**Duration** : 3 hours

**Location** : Les houches downhill tracks

**Level** : A previous experience is required

**Formality** : Make sure you have valid individual liability insurance for the practice of this activity without any location or altitude

restrictions, including assistance, search and rescue, and repatriation

## EQUIPMENT

Find in this section all the information about the different equipment that is required. Since weather conditions can be very variable, it is better to have several thin layers rather than to have one big garment.

### Equipment

- Closed shoes
- Long sleeves and arms clothes
- Full gloves
- Knee & elbow pads
- Back protector (strongly advisable)
- Sunglasses / mask
- Light bag pack
- Water
- Snacks

**Our Rental Partners :** You can rent your equipment with our rental shops partners and benefit from special price [Sport Spirit 74, Millet](#) (excluding crampons, ice axes and helmet), [Sanglard Sports, Ravanel & Co & Concept Pro Shop](#)

**Our Equipment Partners :** [Millet, Dynastar, Julbo, Grivel & Monnet](#)